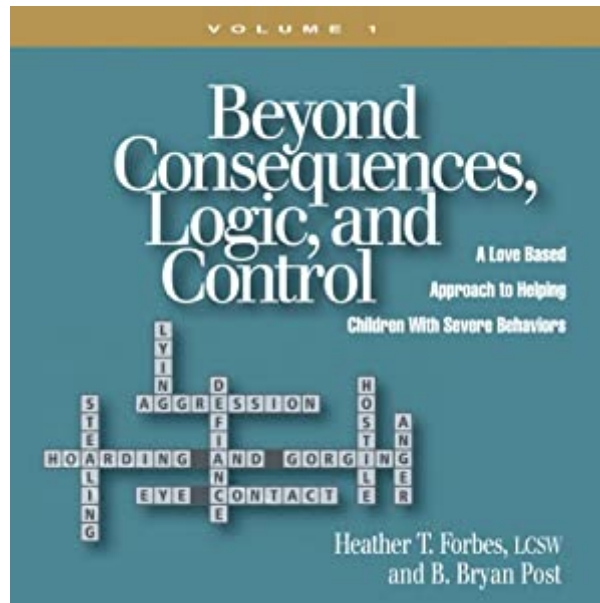


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# Beyond Consequences, Logic And Control



## Synopsis

This first volume of Beyond Consequences lays out the basics of this revolutionary and simple parenting paradigm. Easy to listen to and filled with practical examples, this book will equip you to start parenting from a place of unconditional love and begin the road to healing for your family. Whether you are parenting your biological, adopted or foster children, the Beyond Consequences relationship model shows how to connect with your children and bring your family peace and healing.

## Book Information

Audible Audio Edition

Listening Length: 4 hours 42 minutes

Program Type: Audiobook

Version: Unabridged

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Audible.com Release Date: August 23, 2013

Language: English

ASIN: B00EQ0I1MO

Best Sellers Rank: #101 in Books > Parenting & Relationships > Adoption #360 in Books > Parenting & Relationships > Special Needs #594 in Books > Audible Audiobooks > Health, Mind & Body > Family & Relationships

## Customer Reviews

I ate this book up in less than a day. Need to go back through it and slowly re-read it to digest it more, but wow, this was absolutely amazing and eye opening. Our three year old daughter was adopted at 11 months old, and this helped me really grasp the "why" behind her behaviors: FEAR. Also helped me understand the root of my struggles: also FEAR. Thankful for this wisdom and insight. Saw a dramatic shift for the positive in our family because of the knowledge this book provided. Thank you Heather Forbes!

I gave this book to a friend who adopted three young children. She is really enjoying it, it makes a lot of sense because these children have had a completely different upbringing before adoption and they have different fears than other children.

I originally read this book to better understand my nephew and neices who have had a tough time

recently. However, I quickly realized that this book applied to me as well. Working from a scientific and evidence based approach, I began to understand why I reacted the way I did to small issues (a life or death response which left me upset and mystified). The authors explain the fight or flight response in detail, and discuss how to be with someone who is responding in this way to small stresses, like "please turn off the tv." The approach is not airy-fairy "do these 10 actions and everything will be fine." This is hard work but practical and do-able. It is changing my life and my relationships.

This book has been a huge eye opener to the behaviors of our adopted son. I would HIGHLY recommend this book to anyone who is parenting a child from a difficult background. It is refreshing to hear what we often feel but are too afraid to verbalize.

The traditional parenting model we have been using with our two adopted children certainly hasn't worked these past years. This book challenges that model and offers an explanation as to why our house has been so full of conflict. I often felt that I would not survive the adoption due to the extreme amounts of stress and constant anxiety over when the next meltdown, manipulation or battle would occur. I am hoping that if I can learn to respond as this book suggests, that some peace may come to our home, and that I may actually be able contribute to my children's healing. I think this book may help many types of parenting situations, not just adoptive homes.

I really enjoyed reading the book. I immediately tried implementing some of the suggestions and was amazed at my son's positive response. Appealing to his inner fear, helped to diffuse his reactions and negative behaviors. Although, I'm not sure I agree with everything in the book, I agree this different approach has helped. It has put some warmth into our often tumultuous relationship.

this is a great great book!!!!!!!!!!!!!!

This is an important read for all parents; particularly those who have adopted children. It offers a view of children's behaviour that is quite different from the traditional. e.g. that children don't 'misbehave' as a need to be manipulative or to annoy their parents, but rather, that children's behaviour is a form of communication and what is being communicated is fear. The examples at the back of the book illustrate the concepts in an easy to read format. An excellent read that has a far reaching audience.

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